

Chair Yoga

for Seniors and the Health-Challenged



Experience the joys and benefits of working with seniors and the health-challenged.

- Make a difference in the lives of seniors and the health-challenged?
- Expand what you are offering your student
- Keep students safe
- Attract more students to your classes
- Get one-to-one coaching by two experienced teachers
- Learn observation and assessment of older adults

October 19-22, 2017

Scottsdale, Arizona

- 2 - highly-trained teachers
- 32 - hours of training
- 3 - hours of home study
- 35 - Yoga Alliance CEUs
- 4 - 8-hour days of exciting learning
- 4 healthy lunches
- 1 5-star book
- 1 DVD
- 1 downloadable manual
- 1-to-1 coaching

\$795

Your yoga teaching transformed!



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